

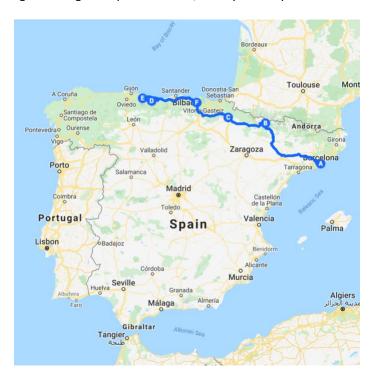
Gem of Spain – Pyrenees and Picos

Sunday, August 29 to Thursday, September 9, 2021

Bienvenido to Spain! This adventure takes in the best mountain hiking locations across northern Spain. Join us as we travel up country from Barcelona – Spain's vibrant Catalonian capital to Montserrat, and then on to the oldest National Parks in Spain; the *Ordesa and Monte Perdido NP* in the Pyrenees and the *Picos de Europa NP* in Asturias. These parks contain some fantastic hiking trails with gorgeous scenery, wildlife and an age-old insight to Spanish culture, history and way of life!

SUMMARY OF ITINERARY (SUBJECT TO CHANGE)

- Aug 28 Leave USA. Fly Overnight to Barcelona (+ 1 Day)
- Aug 29 Barcelona Acclimation (Free Day)
- Aug 30 Guided Walking Tour of Barcelona's Highlights
- Aug 31 Montserrat
- Sep 1 Hiking in Ordesa & Monte Perdido National Park
- Sep 2 Hiking in Ordesa & Monte Perdido National Park
- Sep 3 Hiking in Ordesa & Monte Perdido National Park
- Sep 4 Transfer Day Pyrenees to Picos De Europa
- Sep 5 Hiking in Arenas de Cabras Park Circuit
- Sep 6 Hiking in Picos Naranjo de Bulnes
- Sep 7 Hiking in Picos Cares Gorge Circuit
- Sep 8 Canoe Descent / Rio Sella, Picos de Europa
- Sep 9 Trip ends this morning



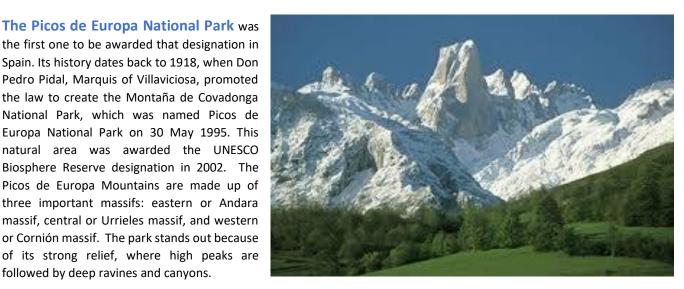
Ordesa and Monte Perdido National Park



This is one of Spain's great but often overlooked wonders, a smaller Pyrenean version of North America's Grand Canyon. The entrance lies under the vertical walls of Monte Mondarruego, source of the Ara River and its tributary, the Arazas, which forms the famous Ordesa valley. The park was founded by royal decree in 1918 to protect the natural integrity of the central Pyrenees, and it has expanded from the original 4,940 acres to 56,810 acres. The forest is defined by larch, beech, and poplar and the park holds many lakes, waterfalls, and high mountain meadows. Protected wildlife includes trout, boar, chamois, and the sarrio or isard mountain goat. Well-marked and well-maintained mountain trails lead to waterfalls, caves, and spectacular observation points.

The Picos de Europa National Park was the first one to be awarded that designation in Spain. Its history dates back to 1918, when Don Pedro Pidal, Marquis of Villaviciosa, promoted the law to create the Montaña de Covadonga National Park, which was named Picos de Europa National Park on 30 May 1995. This natural area was awarded the UNESCO Biosphere Reserve designation in 2002. The Picos de Europa Mountains are made up of three important massifs: eastern or Andara massif, central or Urrieles massif, and western or Cornión massif. The park stands out because

followed by deep ravines and canyons.



This adventure meets the interests of those seeking full days on the trail with elevation gains over a thousand feet with sweeping alpine views. You will also benefit from cultural city highlights in Barcelona, Pamplona and Bilbao as we cross Spain's northern frontier. Our chosen hotels are comfortable, the regional food exquisite and the company even better! We hope to see you on the trail with us in 2021!

ITINERARY (SUBJECT TO CHANGE DEPENDING UPON WEATHER, TRAIL CONDITION AND GROUP ABILITIES)

TRAVEL DAY – AUG 28 LEAVE USA, FLY OVERNIGHT TO BARCELONA (+ 1 day)

No hotel nights included - assuming flight is overnight and group arrives in Barcelona for morning of August 29.

DAY 1 - AUG 29 BARCELONA ACCLIMATION DAY

Today you can adjust to the time change and soak up the atmosphere of Barcelona - Spain's most enigmatic city! Recommended excursions include visiting the Picasso Museum or Guadi's Park Guell; swim in the Med at the city beach or walk up Montjuic Hill where the 1992 Olympic Stadium is located - offering fine viewpoints across the city. Using the hop on/off tour bus will also give you insights to the city and provide transport to visit many of the above attractions. Hotel 4 star city center (TBA). No meals included today.



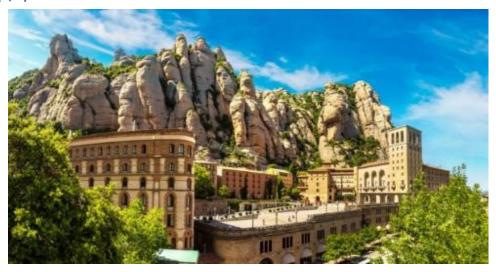
DAY 2 - AUG 30 GUIDED WALKING TOUR OF BARCELONA'S HIGHLIGHTS (B, D)

Today a local Barcelona guide will escort us on a tour of Barcelona's highlights reachable by foot and using perhaps the local Metro system at times. We'll visit the Gothic Quarter, the Born District and of course the extraordinary Sagrada Familia - Guadi's phenomenal work of art devoted to Christianity and nature combined. The tour will be mostly on foot, throughout the morning – leaving you time for lunch and some hours to independently explore more of Barcelona before we depart for the mountains the following day! Same hotel as above. Tonight we'll have our welcome dinner where you'll be introduced to your local trip leader who will accompany us for the duration of the tour.



DAY 3 – AUG 31 MONTSERRAT (B, D)

This morning we transfer to Montserrat. 1 hour from Barcelona in Catalunya's sparkling wine (Cava), region. Our warmup hike is 2.5 to 3 hours in the spectacular limestone terrain offering time to explore the historic Monastery as well. Hiking paths are beautifully groomed with good footing underneath. Expect to hike 600-800 feet in elevation gain today. Please purchase something for lunch today from Barcelona or the Montserrat Monastery itself. After hiking we'll board our



private bus from the Monastery and drive direct to Ordesa National Park (4 hours) in the Pyrenees. Check into the 4 star Hotel Silken Ordesa https://www.hoteles-silken.com/en/hotel-torla-ordesa/ for our 4 night stay. Breakfast and dinner included.

DAY 4 - SEP 1 HIKING FULL DAY - ORDESA & MONTE PERDIDO NATIONAL PARK (B, L, D)

Full day hike (8 miles / 1000-foot gain approx.) in this beautiful remote park hidden in the Pyrenees very close to the French border. We hike the Camino de Turieto trail right from the hotel. This is a linear route (out and back) through the beautiful valley of Ordesa and we'll take time out to visit Torla village and learn it's unique history and local customs. Breakfast, trail lunch and dinner included.

DAY 5 - SEP 2 HIKING FULL DAY - ORDESA & MONTE PERDIDO NATIONAL PARK (B, L)

Another full day of hiking (same distance and elevation as above approx.) we can do either the Añisco Canyon or more challenging Faja Racón higher aspect hike – depending on weather and river flow



scenarios. Breakfast and trail lunch included – dinner you can explore in Torla village, contributing to the local economy of this remote mountain town.

DAY 6 - SEP 3 HIKING FULL DAY - ORDESA & MONTE PERDIDO NATIONAL PARK (B, L, D)

The highlight hike of Ordesa is to walk along the floor of the Ordesa Valley into the high alpine meadows. We pass through ancient beech and silver pine woods, several waterfalls, with the sheer cliffs of Ordesa rising above us on both sides. The woodland gives way to give fantastic views of the 3000m Monte Perdido at the head of the valley - Total distance approximately 8-10 miles with over 2000 feet elevation gain. Breakfast, trail lunch and dinner included.



DAY 7 - SEP 4 TRANSFER DAY - PYRENEES TO PICOS DE EUROPA (B, D)

This morning we set out for Asturias region of Spain and the Picos de Europa, Spain's inaugural national park. On route we'll shortly visit Pamplona where you can freely explore the historic quarter and enjoy a Navarra style tapa (lunch) before we continue driving. In total expect a minimum of 7 hours travel time in private coach - this is our longest day of travel and stops are arranged accordingly. Our destination is Arenas de Cabrales village – the southern gateway to the Picos de Europa National Park. We have 4 nights in the village's best hotel, the 3 star Picos de Europa Hotel http://hotelpicosdeuropa.com/. Breakfast and Dinner included.



DAY 8 - SEP 5 HIKING FULL DAY - ARENAS DE CABRAS PARK CIRCUIT (B, L)



Today from our hotel base in Arenas we make a long circular walk of the surrounding ridges overlooking the Picos National Park. Expect to cover 8-10 miles and gain over 2500 feet in elevation. Spectacular views award us from our high points – making the cold local cider at the end taste even better! Breakfast and trail lunch included leaving you to support the local restaurants of the village this evening for your dinner.

DAY 9 – SEP 6 HIKING FULL DAY – PICOS NARANJO DE BULNES (B, L, D)



This morning we hike to the iconic Naranjo de Bulnes Mountain (one of the most famous alpine rock climbs in Europe) and the legendary heart of the range - including site of a Moors vs Christians battle in 910 CE! This is a superb day (10 miles and 2500 ft gain / loss) bringing us to the most classic alpine hut in the Picos at 6500 feet. Today some transfers are necessary to/from the trailhead. Breakfast, trail lunch and dinner included.

DAY 10 - SEP 7 HIKING FULL DAY - PICOS CARES GORGE CIRCUIT (B, L)

Our last full hiking day is the most classic and sought after route of the Picos, the famous Cares Gorge between Poncebos Bridge and Cains. This is normally an out and back route (3 hours each way 1000 ft elevation gain and loss), and hiking groups can do the entire route in 7 hours. Others can do part of it and return. The route is easy to follow and safe underfoot. An incredibly deep limestone gorge with great footing on a wide graded foot path, this is a memorable final hike. It requires a short transfer to and from the trail head. Breakfast, trail lunch included – dinner you can take on your own in the village surroundings.



DAY 11 - SEP 8 CANOE DESCENT / RIO SELLA, PICOS DE EUROPA (B, D)

Today we have a day of adventure before driving to Bilbao for our final night. We recommend the famous Sella River canoe descent – a slow moving and shallow 10-mile paddle (much of it floating), over 3.5 hours. No experience necessary and our licensed canoe supplier provides all equipment, life jackets, waterproof containers, permits and support for the descent. Starting up stream where the Picos open up to the coastal region of Asturias, we enjoy a gentle paddle towards the Atlantic. After our canoe adventure we transfer 2 hrs 15 min to Bilbao, the capital of Spain's Basque Country and home to wonderful culinary delights such as the pintxo tapas style dishes. 4 star city center



hotel (TBA). Breakfast & farewell group dinner tonight in Bilbao city. Today you can carry a light lunch of your own in our waterproof canoe container.

DAY 12 - SEP 9 TRIP ENDS THIS MORNING - DEPARTURE FROM BILBAO to USA or OTHER (B)



Today we say farewell and you can make your way to easy plane, train or bus connections to extend your travels or return home. Please note, departure transfers are not included however bus and taxi options are widely available from the hotel. Bilbao Airport offers both domestic and international connections. You may wish to extend your stay (or morning), to visit the fascinating Guggenheim Museum of Bilbao (both inside and exteriors!).

TRAVEL IN SPAIN: WHAT TO KNOW...

- Euros are the currency. Bank ATM Machines are widely available, and we recommend obtaining small amounts of Euros for your daily travel. Traveler's Cheques are rarely accepted these days, bank ATM cards or Visa / MC are best.
- Language of Spain is Spanish, and English is spoken largely in the main tourist areas.
- Road travel in Spain is good but expect narrow, winding, tarmac roads through mountainous countryside. Our
 transfers are normally less than 1 hour at a time and with frequent stops at scenic locations. We do have 1 transfer
 that is approximately 7 hours on this excursion, but we will stop frequently for scenic locations and "stretching our
 legs".
- Weather patterns in Northern Spain, particularly close to the Atlantic, are erratic and similar to the maritime climates
 of the Eastern US however usually milder. Rain, squalls and strong winds are the norm for certain hours of the day
 and periods during the year. August and September are relatively dry months but be prepared for rain, cool nights,
 and even considerably hot days.
- Travel disease issues are not a concern in Spain. Immunizations or travel vaccinations are not necessary. However, we always recommend that travellers bring their own prescriptions (including glasses), from home. Tap water is generally very safe in Spain.
- Hospital and health coverage for visitors is very good and meets European criteria. Please ensure your travel insurance is up to date and covers Spain.
- Barcelona is approximately 7.5 hours air travel time from Boston and is on GMT+-1 hour (1 hour ahead of the UK

TRIP DIFFICULTY

This trip is rated #5 (vigorous) which requires a fair amount of hiking experience. This is not a trip for someone beginning hiking. Your experience should include hiking multiple consecutive days with the ability to handle temperature extremes, unexpected precipitation, or uneven terrain. Altitude wise, the entire tour does not exceed more than 7000 feet above sea level – while most of our experiences are between 2000 and 4000 feet. Therefore, no altitude preparation or medications are necessary.

POSSIBLE ITINERARY CHANGES

While the itinerary in this prospectus is what the leaders have planned at the time of writing, various factors may require changes for reasons of safety, transportation or lodging availability, and unforeseeable circumstances (such as weather considerations, natural disasters in areas to be visited, recommendations of governmental agencies, or unscheduled transportation workers' strikes). The leaders reserve the right to make such changes as necessary, both before and during the trip.

PARTICIPANT PROFILE AND EXPECTATIONS

This trip is designed so that everyone may experience our adventure in Northern Spain through shared participation in activities in an organized group environment. We are likely to be traveling in areas that are unfamiliar to you. You also may find yourself in close quarters or in less comfortable surroundings than you are at home. This is a part of the "adventure" in adventure travel. You should make it a priority to help others on the trip and contribute to their having a great time. If you do that, we guarantee that you will have a great time!

You should have a keen interest in adventure, natural and cultural explorations, and enjoy moderate to slightly strenuous hiking. We remind you that the success of AMC Adventure Travel trips depends on a spirit of cooperation and camaraderie. Our trips are most successful when all participants take a participatory role in the activities being presented. Because we will have a local touring specialist with us, we may be able to accommodate special needs and requests. However, the AMC leaders and our tour operator will be responsible for all decisions involving activities.

It may happen on any trip that a trip member is or becomes unable to participate in one or more of the planned activities. Leaders in their sole judgment have the right and obligation to refuse participation in any activity to any group member for reasons of safety, whether it be of the group or of the individual. Illness, injury or lack of proper gear or fitness for a particular activity are examples of some conditions that might result in a participant's being unable to perform one or more activities. Leaders may try to find a substitute activity for the trip member, but this may not always be possible.

RESPONSIBLE TRAVEL

AMC Adventure Travel trips are run in a manner supportive of and consistent with the conservation, recreational and educational principles and mission of the Club. Trip leaders encourage participant conduct consistent with Leave No Trace environmental and conservation principles and local regulations.

Our outfitter, Adventurebug's Responsible Travel Ethos is at the heart of everything they do, from getting the basics right like respecting local cultures, customs and the natural environment, to initiating projects that make positive contributions to communities – to volunteer efforts on a wide range of events and projects. We have chosen Adventurebug to be our outfitter because of their experience and because AMC Adventure Travel shares the same values for responsible travel.

SAFETY, RISKS AND HAZARDS

As participant safety is a high priority for all AMC-sponsored events, procedures and policies have been developed to attempt to limit participant risk. Participants are expected to work with the leaders to reduce risks and make the experience successful for all. Participants should be aware that there are risks associated with outdoor adventure activities, including but not limited to adverse weather and environmental conditions, remote locations of our trips, and transportation in vehicles, on foot, or by boat. Aside from any personal medical problems, participants should be aware of the possibilities of hypothermia, hyperthermia, insect bites, dehydration, sunburn and other hot and cold related problems. You should regularly use

sunscreen and insect repellent, wear long sleeves and pants, take care to be adequately hydrated and bring water on all day trips as well as wind/rain gear, warm hat and gloves. Please carefully read and sign the AMC Participant Acknowledgement and Assumption of Risks and Release and Indemnity Agreement and contact us if you have any questions. Participants' understanding of these risks and adherence to our policies and procedures can contribute to making this experience rewarding.

TOUR INCLUSIONS

- 2 nights 4-star accommodation (double occupancy) in Barcelona city center
- 4 nights 4-star accommodation (double occupancy) at Ordesa National Park (Torla)
- 4 nights 3-star accommodations (double occupancy) at Picos National (Arenas de Cabrales)
- 1 night 4-star accommodation (double occupancy) in Bilbao
- Group transfers to National Parks and trailheads where necessary as per itinerary
- Meals as indicated in detailed itinerary including reasonable amount of (wine, beer, soft drink, water).
- Permits for park and trail usage
- Canoe expedition on Sella River (Canoe rental, safety equipment, transport, insurance)
- Services of local guide & outfitter: Matt Butler
- Services of local hiking & cultural guide(s) where necessary
- All tipping for drivers, included meals & cultural guide in Barcelona
- AMC medical evacuation and repatriation insurance
- AMC AT program fee

NOT INCLUDED:

- Airfare from USA to Barcelona and Bilbao to USA
- Airport transfers in Barcelona and Bilbao
- Some Lunches, snacks, some dinners (as per itinerary)
- Passport expenses
- Trip Cancellation Insurance
- Items of personal nature/souvenirs
- Additional transfers / shuttles / taxis, etc. apart from group transfers in itinerary
- Additional activities such as excursions, entrance fees, museum visits and other attractions
- Private hotel room expenses / bills
- Optional tipping for housekeeping

PACKING LIST

- Passport
- Light day pack
- Rain jacket, rain pants
- Easy to wash travel wear
- Comfortable walking shoes
- Trekking boots
- Sun hat
- Sunscreen, sunglasses
- Water bottle
- Personal first aid kit
- Hand sanitizer

- Relaxing casual wear for hotels
- Medium size rolling suitcase
- Swimsuit, sandals for pool or beach
- Toiletries, contact lens supplies, extra glasses
- Prescription and OTC personal medications

OPTIONAL:

- Camera with extra battery and memory card
- Guidebook or journal

WHAT TO EXPECT & HIGHLIGHTS

Our adventurous and well-paced itinerary is suitable for couples and singles.

Lodgings

We provide 11 nights in high quality hotels located in specially selected regions. The trip cost is based on double occupancy. **Single Applicants**: The price of the trip is based on double occupancy of the rooms. We will accept reservations from single applicants and the leaders will help find a same gender roommate for you. The leaders reserve the right to change roommates. A limited number of single rooms are available for an extra fee of \$1065. If single rooms are not available at all places where we will stay, your unused single supplement fee will be refunded after the trip.

Meals

Group dinners normally include a choice of starters, main courses and a dessert. Wine or beer and mineral water are always provided. On occasions we provide your lunch (sometimes a packed lunch for carrying on the trail and/or ferry). Breakfasts are traditionally buffet style with a variety of options. There are 3 dinners and 4 lunches where you will have the option to explore local cafés or restaurants on your own (please refer to the above-mentioned itinerary when group meals are not included). We feel you'll benefit from getting out and discovering the local cuisine. When a meal is not arranged as a group meal, our local guide will offer tips on where to get the best meal, or you might decide to dine out as small groups and experience the fun together. Depending on what your order, you can expect to pay about US\$50 for a dinner and US\$25 for a lunch.

Transport

During the tour days, we have a private air-conditioned bus for our use. There is one very long transport which will take about 7 hours as we drive from the Pyrenees into the Picos de Europa. Part of this transport will be a lunch break and brief look at Pamplona.

Guiding Services

Our regional guide is Matt Butler, the director of Adventurebug Tours. He has vast experience leading trips worldwide and has guided for several AMC trips including a trip to the Greek islands for Joan and Cliff. Matt will also work with local Spanish guides to enhance the cultural experience

Personal Money

Outside of the meals not included in your tour price, you may wish to have some Euros for other purposes. This could include visits to taverns for tapas and beverages or extra drinks during/after dinner, local souvenirs, and the options on the rest day and any sites you may visit.

Exchanging money between your currency and the Euro is easy. Some options are:

- To buy or bring Euros from your bank at home
- Use your bank debit card in Spanish bank ATM machines (good rates of exchange and low fees pending your bank card arrangements from home)
- Buy Euros from banks and moneychangers in Spain
- Pay with your credit card (used everywhere in Spain)

TRIP COST AND PAYMENT SCHEDULE

Trip cost is \$3,990 per person in double-share occupancy for AMC members and \$4,090 for non-members. Non-members can join the AMC for \$50 and get the member price. The price for this excursion is based on quotes or estimates obtained at the time the trip was submitted to the Adventure Travel Committee for approval. The final price of the trip will be adjusted in accordance with the best final arrangements we can make. Any savings we achieve, as well as any cost increases we incur, will be shared by trip participants. Our cost estimates are conservative, and so a refund is considerably more likely than a price increase. The trip fee includes emergency medical and evacuation insurance coverage, which is required by the AMC. It does not include insurance for travel delay, interruption, or cancellation, or for baggage loss. If these possibilities concern you, individual travel insurance is recommended.

Payment Schedule

A registration deposit of \$1,000 is due with the application.

Optional: Single Supplement Fee of \$1065, subject to availability, is also due with application.

The second payment of \$1,500 is due January 15, 2021

The final payment of \$1,490 is due March 15, 2021.

CANCELLATION POLICY

The AMC Adventure Travel cancellation policy is based on the fact that your cancellation may not raise the cost to the other participants or to the leaders. Once you are notified the trip is declared to run as scheduled, the minimum cancellation fee is \$100. If actual costs (expenses already incurred on your behalf and any unavoidable future expenses that will be incurred as a result of your registration and cancellation) are higher, they will be assessed instead, unless they can be applied toward another acceptable participant. Should the leaders be able to replace you, you may be charged a reduced penalty. This will generally not be determined until after the trip. Failure to make trip payment(s) in a timely manner will be considered a cancellation.

From 1/15/21 through 8/29/21, the minimum cancellation fee is \$200.

On rare occasions AMC Adventure Travel may need to cancel all or a portion of a trip due to force majeure [e.g. terrorism, local health conditions, natural disaster, changes in local regulatory environment, etc.] In the event of such a cancellation, your trip fee will be refunded less any trip expenses already incurred plus any non-cancellable future trip expenditures. AMC Adventure Travel is not responsible for additional expenses incurred by you in preparing for the trip (including non-refundable air tickets, visa fees, gear or medical expenses, etc.)

DISCLOSURE

AMC Adventure Travel trips are run on a nonprofit basis. Leaders are not compensated except for their travel and administrative costs associated with the trip. A program fee is assessed toward AMC Adventure Travel program and administrative expenses.

APPLICATION

After reading this prospectus carefully if you are still interested to apply for this trip, please fill out this Online Registration Form, https://forms.gle/1Yirnk4LJLvTjyiU6, and submit it online.

Please send this Reference link, https://forms.gle/7PhPGFSLb7upxSQD9, to three references who can vouch for your hiking activity, abilities, and experience with group travel. If you are an active outdoors person with limited hiking references, please feel free to contact Cliff Chambers at (617) 680-3735 to discuss trip details.

In addition to completing the Online Registration Form, please also download, print, fill out, sign and date the following documents from the links below. We will need both the online copy of your application as well as a hard copy with your official signature. Thank you for your cooperation.

- AMC AT Trip Application Form: https://drive.google.com/open?id=1LpCo4RwkCBiRV5tvV1x6SzV2NbVPk--j
- AMC AT Assumption of Risk Participant Release Form: https://drive.google.com/open?id=12I7z2qIJfTZUZZgJuTQpUeU F-3k15Wk
- AMC AT Medical Form: https://drive.google.com/open?id=1tHJqv3RAkVJxvniJv_no8YcaiadJiJzR
- AMC AT Supplemental Medical Form (Optional): https://drive.google.com/open?id=177l1uOmd1G29fBaXlASid6o_SUzb2_hP
- AMC AT 2130-Spain Outfitter Release Form: https://drive.google.com/open?id=1YrhYRt8e-jJA1vvI2Ub0LHpNe05XRNJN

Mail the above four (4) ink-signed forms along with a **deposit check for \$1,000** payable to the **Appalachian Mountain Club** and mail to: **Joan Chambers, PO Box 2532, Woburn, MA 01888**

Your check will not be deposited unless we offer you a place. If you are accepted from a waiting list, we will not deposit your check unless you confirm that you are still interested.

We expect this trip to fill quickly so the sooner you can get everything in the better and the sooner we can start the screening process. If you have any questions or concerns, please contact L. Joan Chambers, wu.chambers@gmail.com and L. Cliff Chambers, wu.chambers@gmail.com, 617-680-3735.

After we receive your application, we will talk to you about your experience to ascertain your ability to participate successfully in this trip. Providing information to us about a medical issue or injury will not necessarily disqualify you from participation, but we may need to ask you some follow-up questions. We want to be sure that we can adequately provide for your needs in our locations.

Please remember that all AMC Adventure Travel events are led by volunteers. As such, they may be unable to respond to your inquiry immediately. However, they are very dedicated and will contact you as soon as possible.

Please read and understand the cancellation policy in the trip prospectus before sending any money.

Leaders



Cliff Chambers leads
three-season hikes for the
Hiking / Backpacking
Committee of the AMC
Boston Chapter. Cliff has
co-led several
hiking/trekking-oriented
Adventure Travel trips to

such destinations as the Grand Tetons, Glacier National Park, New Zealand, and Patagonia and has traveled to Norway, Poland, and Tasmania in Australia. Cliff has led trips to Greek Islands and Alaska with Joan in 2018. Cliff has Advanced Wilderness First Aid and CPR certification. He is looking forward to an amazing cultural experience in the Gem of Spain – Pyrenees and Picos.



Joan Chambers leads fourseason hikes for the Hiking/Backpacking Committee of AMC Boston Chapter. She received the Winter Leader of 2009 award and was profiled in the July-August 2011 issue

of AMC Outdoors magazine as an AMC volunteer leader making a difference. Since 2008, Joan has coled 5 and led 10 AMC Adventure Travel trips to many US national parks, and abroad in N. & S. America, Europe, Africa, New Zealand and Australia. Joan is Advanced Wilderness First Aid and CPR Certified. She can't wait to experience the Gem of Spain in the Pyrenees and Picos de Europa with like-minded explorers!